Dear Parents/Caregivers

Carpark
Thank you to all the people who are now using the back gate in Seymour St to pick up their children. It certainly saves congestion at the front of the school. Also, a big thank you to parents who are entering the school via the gates near the front of the office and near the hall. It is much safer than walking through the carpark and is a more direct route to the office.

Let’s keep our children safe.

Attendance
Please ensure that if you are visiting your children or if you need to pick them up before 2:55 that you do see the staff in the front office and sign your child out. We are trying very hard to continue the improvements that we have made in our attendance rates and to keep an accurate record. With regards to this, please keep sending in notes or phone the school’s office if your child is unable to attend.

Narrabeen Excursion
Stage 3 Parents are reminded that the biennial Narrabeen Excursion is on again in the first week of December this year. This is a fantastic trip with many benefits for our children. We have not worked out a cost as yet but please be on the look-out for expression of interest and payment plan notes to come home soon!

Swimming
The first day of our new swimming scheme was held this afternoon. This program should have major benefits for our students for years to come and it’s great to see so many of our families take advantage of the free lessons. If you missed information about this or need a permission note to ensure that your child is not missing out, please contact the school office.

Walking Bus
Planning has started for a ‘Walking Bus’. This involves a number of volunteers walking their children to school and ‘picking up’ others along the way. This will ensure that children arrive at school on time and will hopefully help boost our attendance. There are some incentives for parents who volunteer their time. If you are interested, please contact Mr McPherson at school.

Canteen News
Pancake Day will be held on Wednesday 5 March 2014, money and notes need to be back to the school office by Monday 3 March 2014. The Canteen are collecting teabag tags to help the sick, if you could help please bring the teabag tags to the office. **NO MORE SLUSHIES available.** Any parents wishing to help volunteer in the canteen, please contact the school office asap.
Parents, family and friends of our Bowen school

This year we are focusing on parent and community involvement with our school. We would like to invite all parents, family and friends of the Bowen School community to come along for afternoon tea and a chat. We would like to hear any ideas you have in regard to what our school can provide for both you and our students. Some ideas that we have so far are:

Inviting parents in to work with students during class times on different projects such as – gardening, art, reading, cooking, dance, etc...
Inviting parents to come in for courses that may suit your interests, such as – cooking, gardening, computers, Aboriginal art and craft, courses that may further employment opportunities etc...
If you are interested in sharing your ideas, hearing the ideas of others or have some skills that you would like to contribute to our school, please come along.

Where – Community Room
When – Thursday 20 February 2014
Time – 2:00pm for a 2:15pm start

Adam Goolagong        Wendy Quinn

<table>
<thead>
<tr>
<th>Merits</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Paige Moore</td>
<td>Hayley Sonter</td>
</tr>
<tr>
<td>K/1K</td>
<td>2-6G</td>
</tr>
<tr>
<td>Charlotte Reid</td>
<td>Richard Williams</td>
</tr>
<tr>
<td>K/1K</td>
<td>3-6J</td>
</tr>
<tr>
<td>Jase Edwards</td>
<td>Bronson Taylor</td>
</tr>
<tr>
<td>1/2D</td>
<td>3-6J</td>
</tr>
<tr>
<td>Michael Napper</td>
<td>Jade Smith</td>
</tr>
<tr>
<td>1/2D</td>
<td>3J</td>
</tr>
<tr>
<td>Kahlani Pados</td>
<td>Tamia Pollard</td>
</tr>
<tr>
<td>2C</td>
<td>3J</td>
</tr>
<tr>
<td>Eve Eltham</td>
<td>Imogen Dunn</td>
</tr>
<tr>
<td>2C</td>
<td>4/5J</td>
</tr>
<tr>
<td>Phebea Holland</td>
<td>Jayda Schuler</td>
</tr>
<tr>
<td>K-3T</td>
<td>4/5J</td>
</tr>
<tr>
<td>Krystall Hanna</td>
<td>Nyokia Townsend</td>
</tr>
<tr>
<td>K-3T</td>
<td>6H</td>
</tr>
<tr>
<td>Zandah Laws</td>
<td>Akeisha Brown</td>
</tr>
<tr>
<td>2-6G</td>
<td>6H</td>
</tr>
</tbody>
</table>
What’s great at Bowen?

Parents may recall last year Mrs Chambers implementing Bucket Filling in her class. This is underway again and is a fantastic program providing students with positive words and actions. Students learn to focus on this positiveness. They understand how to acknowledge other students who are being bucket fillers. Each student has their own bucket and it is filled with notes and tokens by others who have observed good listening, helping a classmate, sharing and other acts of kindness. Mrs Chambers also uses marbles as an acknowledgement of great bucket filling. On the flip side, if a student is being a bucket dipper (using negative words and actions), the student needs to get a marble out of their bucket and give it to Mrs Chambers and then a one on one chat takes place to work out how to be a filler not a dipper. Marbles are exchanged for rewards. Many of our classes are using this very successful program.

Photo News

Kindies after a happy day at school

Tanayah, Lilly, Tjanara and Myisha  Jimmy and Napoleon

Bowen Public School – Quality teaching and caring community
Bowen Public School Market Day

Where: Seymour St entrance

When: Sunday, 30th March 2014

Time: 9am—2pm

Gold coin donation at the gate.

Join us for a Fun day out...
BBQ and Refreshments
Jumping Castle, Book Fair
Trash & Treasure,
Handmade Craft and Gifts
and more.....

For more information or to book a stall please
contact Virginia 0416 064811 or Davina 0416 006330
Or email bowenmarkets@yahoo.com
VOLUNTEER AWARD – NEW YOUTH CATEGORY

Sport and Recreation are again holding the **Central West Summer Sporting Spirit Volunteer Award** to recognise the effort of volunteers in the sporting community. This round a youth category (25 years and under) is being introduced to recognise the efforts of young people’s contribution to sport.

In 100 words or less tell us how your volunteer is a stand-out. Examples might be the extensive time they dedicate to the club, the positive attitude they bring to the sporting arena, being a positive role model, etc.


Nominations close Friday 11th April 2014.

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**Emus Wallas & Juniors Rugby 2014 – Registration Days**

Registration for all age groups U/7’s to U/17’s

Will be held at Emus Rugby Club – Woodward Road, Orange

Friday 21\(^{st}\) February, 5pm – 7pm

&

Sunday 23\(^{rd}\) February, 10am – 1pm

Please call Jeff Ferguson on 0428 491 063 or Geoff Potts on 0412 146 329 for more information
Orange Tigers Australian Rules Football Club registrations and pre-season training will be on Thursday March 6th at Orange Ex-Services Club Country Club Oval, Forest Road Orange for under 12’s & under 15’s at 4.30, Under 18’s and senior grades at 6. For more information please go to our website www.orangetigersafl.com.au or contact our registrar Kassie on 0413655132.

BLOOMFIELD JRLFC
Would you like your child to be a part of a fantastic sporting club?? Bloomfield Junior Rugby League Club would like to invite you to join up for the 2014 season. Boys of all ages from 5-16 and girls from 5-12 years of age are all welcome. Bloomfield JRLFC will be holding a sign on day on Sunday 23rd February at Orange City Bowling Club from 10am to 2pm. Fees are $100 per player if paid on the day and $110 after this day. Bloomfield socks and shorts are included in registration fees. There will be a sausage sizzle and jumping castle for the kids. Please note that all new players will be required to have a copy of their birth certificate. For further information email bloomfieldjrlfc@hotmail.com

Orange Rooster JRLC
Sign on days will be held at Max Stewart Oval on Saturday 22 February 2014 from 9am to 12noon and Waratahs Sports Ground on Thursday 27 February 2014 from 5pm to 6pm. Contact shaune.m@optusnet.com.au

Waratah Juniors Soccer Registration Days
Saturday 22nd February, Saturday 1st March 10.00am-1.00pm Sunday 23rd February, Sunday 2nd March 2.00pm-4.00pm Waratah Sports Club. Online registration available after 8 Feb at myfootballclub.com.au contact Jo 63620804

Canobolas Rangers Junior Soccer Club
Will be holding sign on days on the following dates. 22nd February 2014 AND 1st March, 2014 AT Orange Public School Kite Street BETWEEN 11am & 2pm on both days
We invite all new and returning players to attend and sign up for the upcoming 2014 season. We look forward to seeing you there.

Orange Ex-Services Soccer Club
The Ex-Services Soccer Club is one of the larger football clubs in Orange and enters teams in all junior age groups (U6 to U16) and All Age for older students. Both girls and boys are catered for. All players are covered by national registration and insurance arrangements through the Football Federation Australia. The Club registration days this year are Sat. 22 February & Sat. 1 March at Calare Public School, Frost Street, Orange, from 1.30pm-3.30pm. Registration can also be done on-line through myfootballclub.com.au. Any parents/carers interested in registering a child or simply making an inquiry in advance of the registration day can contact Tony Mileto on 0412926628.

Orange PCYC
This year we are offering our regular activities of Gymnastics, Boxing for Fitness, Break Dance and Music – there’s Introduction to Music where children play recorder and learn to read music, then there is also Guitar and Violin. To add to our already busy schedule we are now offering trampoline classes, these run on Monday, Tuesday and Thursday afternoons. In the next few weeks we will also be offering a selection of dance classes, which ones exactly will be confirmed soon.The phone number at the Orange PCYC is 63602249 or email shayemoss@hotmail.com
Dental Services

- Comprehensive oral examinations
- Emergencies and Relief of Pain
- Oral Prophylaxis (scaling) and oral hygiene instructions
- Simple and Complex Restoration
- Surgical and Non-surgical extractions
- Root Canal treatment
- Crown and Bridge work
- Removable Partial Dentures
- Mouth Guards
- Oral Health Promotion

Complex Dental Treatments are Payable services according to the policies of OAMS. For more information contact the Dental Team.

Call (02) 6393 9000

Orange Aboriginal Medical Service
Dental Services
Unit 4/5, 9 Gateway Crescent, Orange

From the first of January 2014, Medicare is starting a voucher system for dental services to children aged 2-17 years of age.

Under this scheme children can have up to $1000 worth of dental treatment over 2 years at no cost to you.

A child is eligible if they are aged between 2-17 years at any point in the calendar year and receive a relevant Australian government payment, such as Family Tax Benefit Part A, at any point in the calendar year.

This replaces the current teen voucher system and extends the vouchers to a wider age range to include younger children.

An Holistic Approach
OAMS is committed to meeting the total health needs of its clients; priority of access to its dental services is given to clients who have had an Aboriginal Health Check and/or age appropriate health check through OAMS.

OAMS prides itself on providing high quality dental services at reduced cost to its clients. Coming to OAMS means value for money.
Bowen school canteen price list as at 3 March 2014

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water</td>
<td>$1.00</td>
<td>milk shakes</td>
<td>$1.60</td>
</tr>
<tr>
<td>Ice blocks</td>
<td>60¢</td>
<td>poppers</td>
<td>$1.10</td>
</tr>
<tr>
<td>Milo</td>
<td>60¢</td>
<td>up &amp; go</td>
<td>$1.60</td>
</tr>
<tr>
<td>Jelly cups</td>
<td>60¢</td>
<td>go gurt</td>
<td>$1.00</td>
</tr>
<tr>
<td>Cheese sticks</td>
<td>50¢</td>
<td>fairy bread</td>
<td>10¢</td>
</tr>
<tr>
<td>Biscuits</td>
<td>5¢</td>
<td>yogurt sticks</td>
<td>20¢</td>
</tr>
<tr>
<td>Sun fruits</td>
<td>20¢</td>
<td>popcorn</td>
<td>30¢</td>
</tr>
<tr>
<td>(3 per bag)</td>
<td></td>
<td>ovalteenies</td>
<td>80¢</td>
</tr>
<tr>
<td>Chicken jay jays</td>
<td>$1.10</td>
<td>honey soy chips</td>
<td>$1.10</td>
</tr>
<tr>
<td>Sea salt chips</td>
<td>$1.10</td>
<td>salt &amp; vinegar chips</td>
<td>$1.10</td>
</tr>
<tr>
<td>Ice cream cones</td>
<td>60¢</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please be advised that we do have soy milk and ice cream
Pancake Day 5\textsuperscript{th} March 2014

Name:

Class:

1 pancake with ice cream and topping $2.50

\hspace{1cm} \text{Or}

1 pancake without any topping $1.00

\hspace{1cm} \text{Or}

1 pancake with butter and maple syrup $2.00

Order to be back to school office by Monday 3 March 2014