Dear Parents/Caregivers

**Year 7 2015**
Year 7 Expression of Interest Form was due to be returned to school by 21 March 2014, could these forms please be returned ASAP.

**Market Day**
Any people wishing to help out at our school on Sunday at the Market Day, please contact the school office asap to leave your name and contact number.

**Carpark**
Thank you to all the people who are now using the back gate in Seymour Street to pick up their children, it certainly saves congestion at the front of the school. Also, a big thank you to parents who are entering the school via the gates near the front of the office and near the hall. It is much safer than walking through the carpark and is a more direct route to the office.

**Head Lice**
We have recently had a number of cases of head lice reported at school. Please check your child’s hair and take the appropriate action should you find head lice present. The school office has some excellent products available for purchase that can help to deal with head lice.

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**What sort of start is your child getting?**

*A few minutes here and there doesn’t seem like much but …*

<table>
<thead>
<tr>
<th>When your child misses just ….</th>
<th>that equals ….</th>
<th>which is ……</th>
<th>and over 13 years of schooling that is….</th>
<th>Which means the best your child can perform is….</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes each day</td>
<td>50 minutes a week</td>
<td>Nearly 1 ½ Weeks per year</td>
<td>nearly 1/2 year</td>
<td>Your child (equal to finishing in Year 11)</td>
</tr>
<tr>
<td>Other children</td>
<td></td>
<td></td>
<td></td>
<td>Other children</td>
</tr>
</tbody>
</table>

Bowen Public School – Quality teaching and caring community
Awards Week 8 Term 1

<table>
<thead>
<tr>
<th>Merits</th>
<th>Merits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vikki Lang  KC</td>
<td>Joseph Lucas  2-6G</td>
</tr>
<tr>
<td>Daniel Flemming  K/1K</td>
<td>Rhianna Lucas  2-6G</td>
</tr>
<tr>
<td>Gabby Totten  1/2D</td>
<td>Jye Bargwanna  3-6J</td>
</tr>
<tr>
<td>Moeisha Townsend  1/2D</td>
<td>Richard Williams  3-6J</td>
</tr>
<tr>
<td>Jordan Bell  K-3T</td>
<td>Alex Taylor  3J</td>
</tr>
<tr>
<td>Krystall Hanna  K-3T</td>
<td>Virginia Pasishnichenko  6H</td>
</tr>
</tbody>
</table>

A HUGE thank you Mrs Chambers for organising our whole schools Anti Bullying Week

Also a BIG thank you to Domino’s Pizza and Woolworths North Orange for our donated lunch.

Bucket Filling at Home Workshop for Parents
Tuesday 1 April 2014
2pm – 3pm in our Library

Bucket filling is a concept about providing kids and adults with positive words, actions and affirmation. One of the benefits of undertaking bucket filling at home is both parents and kids focusing on the positive. To learn how to implement this concept at home and reap the benefits, please join us.

Gotcha Prize Winners
Anti Bullying Assembly

Singing Mr Clickety Cane

Releasing balloons as symbol of support towards the Anti Bullying

Students pledged to combat bullying

Surprise Pizza lunch to finish off Anti Bullying Week
Bowen Public School Market Day

Where: Seymour St entrance
When: Sunday, 30th March 2014
Time: 9am—2pm
Gold coin donation at the gate.

Join us for a Fun day out...
BBQ and Refreshments
Jumping Castle, Book Fair
Trash & Treasure,
Handmade Craft and Gifts
and more....

For more information or to book a stall please
contact Virginia 0416 064811 or Davina 0416 006330
Or email bowenmarkets@yahoo.com
MARKET DAY
RAFFLE TICKETS
$2 EACH OR 3 FOR $5

FIRST PRIZE

fitnessperfection

3 month Gym Membership
Value: $319

SECOND PRIZE

Hog's Breath Café Orange
$50 Gift Voucher

Plus lots of Runner up prizes kindly donated by our wonderful stallholders!!!
**Bowen Public School – Quality teaching and caring community**

**The Salvation Army Presents**

*Just Brass. It’s Free*

**AFTER SCHOOL MUSIC PROGRAM**

Mondays (school terms) 5:00pm - 6:00pm

Learning Music is for Life
Brass & Percussion

**APPLY NOW FOR TERM 2**

Young people experiencing the rich benefits of music, through individual and group learning, irrespective of family, school or community circumstances

131 Kite Street
McNamara Street Entrance
To register Phone 63621870
Email Orange.Corp@aus.salvationarmy.org

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**Puberty, Sexuality and Relationships**

FREE forum for parents and carers of children and young people with intellectual disability.

Find out how to support your family member’s personal development and sexuality in a positive way.

- Preparing for puberty changes
- Decision making and safety
- Sexuality and disability
- Books, DVD’s and resources
- Tips for talking about sex and answering tricky questions
- Experienced presenters to answer your questions
- Meet other parents
- Free resource bag

Parents, foster parents, relatives and other unpaid carers of people with disability are welcome.

This forum is not intended for service providers (please contact Family Planning NSW for information regarding professional education).

We regret we are unable to provide respite/childdcare.

Date:
Monday, 31 March 2014

Time:
6:00pm - 8:00pm

Venue:
Trade Training Centre
Anson Farm (opposite Anson Street School) Orange NSW

RSVP:
Friday, 28 March 2014

Contact:
For more information or to register:
Daniele Firth
Family Planning NSW
T: 02 9752 4388
E: daniele@fpnsw.org.au

Cost:
Free

Go to our website for updates and further information
fpnsw.org.au/parentforums
BLOOMFIELD JRLFC

Would you like to be a part of a fantastic sporting club??

Bloomfield Junior Rugby League Club still have positions available our Under 12s team. If your child is turning 12 this year and would be interested in signing up with our great club or need more information please contact Dawn Christopherson on 0431 044 937 or email bloomfieldjrlfc@hotmail.com

Lake Burrendong Sport and Recreation Centre
Lads, Dads and Grandads Program
Get back to nature and enjoy a boy’s only weekend away!
16th - 18th May 2014
$160 – 18 years and over
$140 – 7 – 17 years
Bookings close 2nd May 2014
For more information phone: 02 6846 7403

AUTISM & ASPERGER’S SUPPORT GROUP

Next meeting will be held 2 April 2014, second Tuesday of the month at 9.30am at Bowen Public School, Park Street, Orange.
All welcome.

April school holidays are almost here.
Time to book into Vacation Care!
Will you be needing care for your school aged child during the holidays?
Orange City Council’s Vacation Care will be operating from Monday 14 April 2014 to Thursday 17 April, then from Tuesday 22 April 2014 to Thursday 24 April 2014 at Calare Public School Hall, (closed over Easter and on Anzac day).
We will also be providing care for the pupil free day on Monday 28 April 2014.
Bookings for Vacation Care and the pupil free day will open from Monday 24 March to Friday 11 April 2014 from 11.00am to 4.00pm only, at the Community Information and Services Centre, 79-81 Kite Street, Orange. Bookings are limited!! Full payment must be made at time of booking.
For more information about bookings for Vacation Care, please call 63938600 or email mstanford@orange.nsw.gov.au

ORANGE INDOOR TENNIS ACADEMY

• “HOTSHOTS” PROGRAM (all year round) 1st lesson free, cut this coupon and bring along
• TENNIS CLINIC (every school holiday)
• ADULT NIGHT COMPETITION

For more details and/or bookings, please call Chris or Hannah on 6362 9811
**1-2-3 Magic: Effective Discipline for Children and Emotion Coaching**

**WHEN:** Two consecutive Thursday sessions: 3rd April and 10th April 2014  
**TIME:** 10.00 am to 1.30pm  
**COST:** FREE  
**WHERE:** Orange Family Support Service. 211 March Street, Orange  
**PRESENTERS:** Kristen Brooking and John Burns  
**TRANSPORT:** Available for those who live locally and would otherwise be unable to attend.  
**MORNING TEA:** Provided  
**TO BOOK IN:** Telephone Kristen on 63611004

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**2014 PSSA RUGBY DIVISIONAL TRIALS SOON**

Don’t let the kids miss out on the chance to be selected in the Western Area PSSA Rugby Team.

Eastern Divisional Trial/Gala Day will be held on **Tuesday 25th March at River Park, Vaux Street Cowra** commencing at 9.30am.  
**Trial Convener:** Mr Brad Tom (Principal, Cowra Public School)  
**ph:** 02 63422400 or fax: 02 63411357

Western Divisional Trial/Gala Day will be held on **Wednesday 26th Apex Oval, Dubbo** commencing at 9.30am.  
**Trial Convener:** Mr Josh Bullock (Teacher, Wellington Public School)  
**ph:** 02 68454080 or fax: 02 6845 2843

Please contact Josh Bullock- Western PSSA Rugby Manager on (02)68454080 @ Wellington Primary School or on 0419290098  
**Fax:** (02)68452843  
**Email:** joshua.bullock5@det.nsw.edu.au