From the Principal’s Desk:

Congratulations everyone! Our school attendance continues to hold on the state average, around 93%. Keep encouraging your child to come to school every day and let us know if they are unable to attend.

This year our students have had a magnificent start to their learning. They are engaged in their work, treating each other respectfully at school and learning lots! Keep it up everyone! You’re doing really well!

We have our Bowen Market Day coming up near the end of term. If you are interested in helping out or even holding a stall, please contact a member of the P&C, or come to the school office.

Head Lice
Over the past few weeks we have had a few cases of head lice reported to the school. Please take some time to check through your child’s hair and treat any eggs and live lice that you find. You may also need to check bed linen, hats and clothing to ensure that they are completely eradicated. There is a lice treatment called ‘Hit Nitz 46’ available from the school office. Parents that have tried it have said it works really well. Please call in if you wish to purchase either the lice removal lotion or the preventative spray.

Road Safety
Please be sure to drive carefully, especially near the school in the mornings and afternoons. The front of the school is a very crowded place around 3pm and it can often be difficult to find a parking spot. Have you tried meeting your children at the back gate in Seymour St? There is ample parking there, it is less crowded and there is less traffic.

Recently we have seen parents, double parked, attempting U-Turns and calling their children across the road in front of the school. To keep our children safe, please walk with your child across the road, park safely in the marked areas and ensure that children enter and exit vehicles from the footpath side of the car.

School Entry Protocol
It is important that we are aware of who is on the school grounds and when. If you visit the school for any reason; you must report to the front office, even if it is just a quick visit to drop off lunches or equipment to your child. Following this procedure will save you time, keep the staff informed about who should be in the school and if there is an emergency, we will know to look for you during the evacuation!

Thank you.

New Class
Our school has grown! We are getting bigger and this means that we have been able to form a new Kindergarten class. It also means smaller numbers in our classes and more time for individual children. The new class started this week and has been very successful so far. We look forward to seeing all the wonderful work that our students complete over the next few weeks.

District Swimming
Our best swimmers will head off to Orange Pool next Tuesday to compete in the Orange District PSSA Swimming Carnival. We wish them all the best in their races and hope that a few make it through to the Regional swimming Trials in Dubbo in a couple of weeks’ time.
We have been notified of several cases of head lice recently.

**Symptoms:** Itchy scalp, white specks near the base of the hairs, lice may be found on the head.

Your child may still come to school as long as they have commenced treatment. At the office we have HIT NITZ 4 6 daily control head lice spray and also the HIT NITZ 4 6 “ONCE OFF” head lice lotion. These products sell for $15 each and have been proven to protect from infestation if used correctly.

---

### What’s On? - Term 1

**CANTEEN CLOSED EACH WEDNESDAY**

Clothing Pool is open every Friday from 8:45 – 9:30am in Sick Bay

**Week 5**
- Thursday 26 February
  - Orange and District PSSA swimming carnival.

**Week 6**
- Friday 6 March Western Swimming
- Sunday 8 March Bunnings BBQ
- Easter egg guesses start Monday 9 March

**Week 7**
- Easter egg guesses start this week

**Week 8**
- Tuesday 17 March St Patricks Day cake stall

**Week 9**
- Monday 23 March Snake Tails incursion.
- Tuesday 24 March Shell Questacon Science Circus.
- Wednesday 25 March Books in Home
- Sunday 29 March Bowen Market Day

**Week 10**
- Monday 30 March Western Rugby League

---

### Gotcha’s

- Jason 3-6E
- Harley S 456J
- Naomi 3-6E
- Lisa 1K
- Malcom K-3T
Canobolas Road Show
The Orange Apple Festival is happening on Friday 8 May
Concluding on Saturday 9 May

More Photos of the Canobolas Road Show
P & C News

Bowen School Market Day: will be held on Sunday 29 March – if you would like to have a stall please contact either Virginia on 0416 516 778 or Briony on 0431 516 778. We hope to see all parents and children attending on the day.

Autism support group: next meeting on Tuesday 10 March commencing at 9:30am – all welcome.

Guessing competition: the P & C will be running an Easter egg guessing competition, 20c a guess with the closest winning the large jar of mini eggs – Yr 6 students will be selling the guesses before school at the lunch order table and during break 1 in the playground.

Teabag tags: please bring any you are saving to the school office; all donations gratefully received and will go towards providing wheelchairs for children.

Next meeting of the P & C will be held on Monday 2 March commencing at 2:00pm in the community room – everybody welcome.

BBQ Fundraiser: our first for the year will be held at Bunnings on Sunday 8 March; if you are able to help, even for an hour, please come to the office and put your name, number and time down to go on the roster. Remember: many hands make light work!
**Supported Playgroup and Bush Babies**

- Do you have children aged birth to 5 five years?
- Are you at home wondering what activities to do with your children?
- Would you like to meet new families that have children of a similar age?
- Would you like to have a yarn and a cuppa whilst the children play?

If you answer yes then Orange Supported Playgroups and Bush Babies is for you!

<table>
<thead>
<tr>
<th>Tuesdays:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Glenroi Grasshoppers</em></td>
<td></td>
</tr>
<tr>
<td>Marang Gunya - The Good House, 8 Oxley Place, 9:30am - 11am</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursdays</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Bush Babies play group</em></td>
<td></td>
</tr>
<tr>
<td>The Carriage Cottage, 145 Spring Street, 10:30am - 12:30pm</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fridays</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Bowen Supported Playgroup</em></td>
<td></td>
</tr>
<tr>
<td>Bowen Public School, 9am - 11am</td>
<td></td>
</tr>
</tbody>
</table>

Orange City Council are once again conducting their April Merge program commencing on Tuesday 7 April and going through to Friday 10 April for years 3 – 6 only.
FREE AFTER SCHOOL SPORT

Ages 8—18 years

Monday afternoons 4:00 pm to 5:00 pm
Come and play Soccer at
Margaret Stevenson Park, Spring Street
February — 2, 9, 16 & 23

Tuesday afternoons 4:00 pm to 5:00 pm
Come and play Basketball with Rock the Rim
Coach at Glenroi Oval, Maxwell Avenue
February — 3, 10, 17 & 24
March — 10, 17 & 24

If children playing sport are
under 8 they must be with an
adult

We advise all children attending to
wear enclosed shoes, bring a hat
and drink bottle with water

This program is funded by
the Australian Government
Department of Social
Services through the
Diversity and Social
Cohesion

Some fundraising will be held, dates t.b.o.
Come along and meet your neighbours!
ALL WELCOME!

ST BARNABAS ANGLICAN CHURCH
Cnr Dora & McLachlan St, Orange
Dates for your diary
Sunday, February 15, 2015 — 5pm
Theme: A New Start
Sunday, March 15, 2015 — 5pm
Theme: Remember Me
Sunday, April 26, 2015 — 4:30pm
Theme: Love Rules
Sunday, May 17, 2015 — 4:30pm
Theme: Mother’s Day
Sunday, June 21, 2015 — 4:30pm
Theme: Pentecost

INTERACTIVE WORSHIP FOR THE WHOLE FAMILY
All enquiries Rev’d Anne — 6362 5349

Come mess with God
Orange Emus Wallas & Juniors Rugby 2015
Registration Now Open

"Oldest Rugby Club in Orange"
Wallas U7’s - U11’s and Juniors U13’s to U17’s

"Come Try Rugby" at Emus, Woodward Road, Orange

Come to the registration events on
Friday 20th February, 5pm – 7pm
or
Sunday 22nd Feb, 10am – 12pm

Please call Derek Scott on 0427 913 203 or
Keryn Phillips on 0421 210 492 for more information

Bowen Arrow
Week 4 Term 1 2015
24 February 2015

KIDS CLUB
All Primary Aged School Aged Kids
Welcome

FRIDAY
4pm - 5.30pm
Carriage Cottage Spring Street
Opposite Margaret Stevenson Park

Organised by Fusion, a Christian organisation committed to working with local people to build safe communities helping children develop healthy values and life skills.

For more info please ring Fusion Office 5310 2474.

Migrant Support Service and Neighbour Aid/Social Support

Women’s Sewing Circle
FRIDAY
10am till 12.30pm
Senior Citizens Centre
(located back of Woodworths Car Park)
Come and share morning tea, meet new people and learn some basic sewing skills. Older women and Multicultural women welcome.

It is our pleasure to meet together with the Orange Fibre Artists Group at the same time, so you choose between sewing or weaving!

30 January 2015
27 February 2015—Special day—10.30am-2.30pm with Tai Chi, women’s health talk, weaving workshop, plus shared lunch with multicultural women from Condobolin and Lake Cargelligo
13 March 2015
27 March 2015

Migrant Support Service is funded by the Department of Social Services

Phone for bookings Anni 6393 8625 or Jodie 6393 8051

Chinese New Year
ALL WELCOME
Sunday 22 February 2015
Kenna Hall, Hill Street Orange
from 5.00pm till 8.30pm

Please bring a plate of food to share, savoury and sweet, and some soft drink you may wish Chinese fortune telling, a culture 400 or the chinese red envelope
Bring your lanterns and join in the lantern parade
Dancing and musicians, cooking demonstrations and Black Press jelly drink or Chinese tea to taste
Chinese New Year presentation and music and a display of the Chinese New Year Zodiac, finishing off the year of the goat
Children’s lanterns and paper making activities

Revised—Wednesday 18 February 2015
please call 6393 8625 or email orangeculturehub@bigpond.com
and let us know what you are bringing
Orange CultureHub will be holding more themed activities during the year
please contact Migrant Support Service for more information
Phone—02 6393 8625 or 0409 498 160
THE FIRIES ARE COMING

WHERE: CARRIAGE COTTAGE

WHEN: 26/02/15

TIME: 4PM

COMING AND LEARN ABOUT FIRE SAFETY FROM
THE PROFESSIONALS

All the family are welcome!

Questions? Call Paula on 63628584 or Anni on 6393 8625

Bowen After School Activities

A friendly place to learn new things and make new friends

Free activities for young people

4pm - 5pm

At the Bowen CTC

Carrigie Cottage, Spring Street

Thursday 12 February

Drumming with Ross Wolch

Thursday 19 February

Martial Arts for self-development

with Rolly Tandang

Thursday 26 February

The Firies are coming!

Home Fire Safety for the whole family

Thursday 5 March

Cooking yummy food

Thursday 12 March

Singing Group with the “CanBetts” Choir

Thursday 19 March

First Aid

Thursday 26 March

Let’s Write a Song! with Ken Smith

Healthy Living Positive Thinking

Do something special for your health.

Join us as you are able

A gentle activity, a talk and light supper...

Enjoy a quiet activity followed by a talk and light supper

Monday 9 February 5:30-7:30 pm

Monday 9 March 5:30-7:30 pm

Where: Community Information and Services Centre, 79 Kite St

Enter kitchen door off car park

(opposite Harris Farm Markets)

Are you interested in Healthy living?

Are you aware that Positive thinking can impact your health for the better?

Take an hour or two, and come along to make a health difference for yourself and other community members

Looking forward to seeing you!

Light meal is shared after the activity and talk.

The Migration Support Service Thank you for funding and Orange Cultural for assisting promotion of this activity

This Activity is Free to Participants

February features Yoga and talk with Fiona Hawke (bring a yoga mat if possible)

March features Tai Chi and talk with Charlie Huang

Bowen Indoor Tennis

9 Palmer Street ORANGE
N.S.W.

www.orangeindoortennis.com.au

chris.olina@bigpond.com

(02) 6382 9811

“HOTSHOTS” PROGRAM

(3 years to 12 years old, 7 lesson free - cut your coupon and bring along)

TENNIS CLINIC

(Every school holiday)

ADULT NIGHT

COMPETITION

Monday, Wednesday, Thursday

.Entry has to be paid

COURT HIRE

For more details and/or bookings, please call Chris or Hannah.
Bowen Public School Market Day

Where: Seymour St entrance
When: Sunday, 29th March 2015
Time: 9am—2pm

Gold coin donation at the gate.

Join us for a Fun day out...
BBQ and Refreshments
Jumping Castle, Book Fair
Trash & Treasure,
Handmade Craft and Gifts
and more....

For more information or to book a stall please
contact Virginia 0416 064 811
or Briony 0431 516 778
Or email bowenmarkets@yahoo.com
# BOWEN PUBLIC SCHOOL

50-60 Park St ORANGE NSW 2800  
PO BOX 8315 ORANGE NSW 2800  
PHONE 6362 3655  
FAX: 6361 7603  
bowen-p.school@det.nsw.edu.au

## CANTEEN MENU – Week 2 Term 1 SUMMER

### SANDWICHES/ROLLS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegemite</td>
<td>$1.55</td>
</tr>
<tr>
<td>Cheese</td>
<td>$1.55</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>$2.55</td>
</tr>
<tr>
<td>Salad</td>
<td>$3.55</td>
</tr>
<tr>
<td>Ham</td>
<td>$3.05</td>
</tr>
<tr>
<td>Ham Salad</td>
<td>$3.85</td>
</tr>
<tr>
<td>Chicken</td>
<td>$3.05</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$4.05</td>
</tr>
<tr>
<td>Tuna</td>
<td>$3.05</td>
</tr>
<tr>
<td>Tuna Salad</td>
<td>$3.55</td>
</tr>
<tr>
<td>Egg</td>
<td>$2.55</td>
</tr>
<tr>
<td>Egg &amp; Lettuce</td>
<td>$2.85</td>
</tr>
<tr>
<td>Meat Salad Box</td>
<td>$4.55</td>
</tr>
</tbody>
</table>

### WRAPS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken tenderloin</td>
<td>$3.55</td>
</tr>
<tr>
<td>Chicken &amp; Lettuce</td>
<td>$3.65</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$4.05</td>
</tr>
</tbody>
</table>

### DRINKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milkshakes</td>
<td>$1.65</td>
</tr>
<tr>
<td>Choc, Straw, Vanilla, Caramel, Banana</td>
<td></td>
</tr>
<tr>
<td>Fruit Smoothies</td>
<td>$2.05</td>
</tr>
<tr>
<td>Banana, Mango, Fruit Juice, Passionfruit</td>
<td></td>
</tr>
<tr>
<td>Up &amp; go</td>
<td>$1.65</td>
</tr>
<tr>
<td>Poppers</td>
<td>$1.05</td>
</tr>
<tr>
<td>Milo</td>
<td>.65c</td>
</tr>
</tbody>
</table>

### SNACKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pancakes</td>
<td>.55c each</td>
</tr>
<tr>
<td>Muffins (Orange/Poppy seed, Apple /Cinnamon, Double Choc Chip)</td>
<td>.65c</td>
</tr>
<tr>
<td>Popcorn</td>
<td>.35c</td>
</tr>
<tr>
<td>Fruit kebabs</td>
<td>$1.05</td>
</tr>
<tr>
<td>Fruit salad box (seasonal)</td>
<td>$3.05</td>
</tr>
<tr>
<td>Pieces of fruit (seasonal)</td>
<td>$1.05</td>
</tr>
<tr>
<td>Yoghurt Sticks (until sold out)</td>
<td>.25c</td>
</tr>
<tr>
<td>Sun fruits</td>
<td>3 for .25c</td>
</tr>
<tr>
<td>Jelly Cup</td>
<td>.65c</td>
</tr>
</tbody>
</table>

**HOT FOOD**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken and gravy roll</td>
<td>$3.55</td>
</tr>
<tr>
<td>Homemade spring rolls (oven baked)</td>
<td>.95c</td>
</tr>
<tr>
<td>Party pies</td>
<td>$1.55 3 per serve</td>
</tr>
<tr>
<td>Small sausage rolls</td>
<td>$1.55 2 per serve</td>
</tr>
<tr>
<td>Travel pies</td>
<td>$2.15</td>
</tr>
<tr>
<td>Fish and Salad Box – Tartare Sauce-Lemon</td>
<td></td>
</tr>
<tr>
<td>Slice – 4 pieces fish</td>
<td>$4.55</td>
</tr>
<tr>
<td><strong>TOMATO SAUCE</strong></td>
<td>.30c</td>
</tr>
<tr>
<td><strong>TARTARE SAUCE</strong></td>
<td>.30c</td>
</tr>
</tbody>
</table>
Orange Ex Services Soccer Club

SIGN ON DAY

Juniors age 5-16 Male & Female
All Age Men & Women

Calare Public School, Frost Street.

Saturday 21st February 2015 - 1.30 to 3.30pm
Saturday 28th February 2015 - 1.30 to 3.30pm

You can also register online at myfootballclub.com.au

If you have any question please contact Dale Lee on 0413892982 or email glendike318@hotmail.com

If you have any other question please contact a committee member on:
Tony Mileto 0412926528 Brexit Hazzard 0437034594
Nichole Puxty 0438138148 Linda McMillen 0417575981

OESC IS A FAMILY FRIENDLY CLUB

Ex-Services Hockey Club Sign-On Day

All current players and potential players, junior/senior (both male and female) are invited to come along and join.

Venue: Orange Hockey Centre, Mead Street, Orange
Date: Sunday, 1 March 2015
Time: 10.00am - 1.00pm

Look for our members in blue and gold/yellow
For more information on our club please feel free to contact:
Mobile: Kenneth (Secretary) on 0417 640 350 or email kernewd@gmail.com
Mobile: Kennell (President) at 0452 636 765 or email kennell1961@gmail.com

Orange Waratah
Junior Football Club

Registration for 2015 Season

Orange Waratah Junior Football Club invites all current and new players to register with the club for the 2015 season.

OWJFC has teams from U6 to U12 competing in the Orange District Football Association competitions and teams from U13 – U16 competing in the joint Bathurst-Orange Junior Football Competition.

Registration Costs are $105 per player (A discounted fee of $95 per player applies to the 3rd and subsequent children from the same family).

OWJFC encourages players to register online through the www.myfootballclub.com.au website. The correct club selection is Orange Waratah Junior Football Club.

OWJFC will also be holding registration days at Orange Waratah’s Sports Club on the following dates:
- Saturday 21st February 10:00am to 1:00pm
- Sunday 22nd February 2:00pm to 4:00pm
- Saturday 28th February 10:00am to 2:00pm

Additional information about Registration and the club in general can be found on our new club website:
www.orangewaratahjuniorfc.org.au

2 Day Kid's Craft Club

Orange CraftNCare will be running a 2 day kid's craft club in the School hall on Thursday March 6th: 3.30pm to 6pm & Friday March 7th: 3.30pm to

Cost is $4.00 per child/per afternoon.

There will be Craft activities, Games & Stories, in a well supervised atmosphere!!

Enquiries Please phone
Terry on 0458 603 186