Bowen Arrow School News

Friday, 11 March 2016

Congratulations Kindergarten

Our Kindergarten children are all reading. Like swimming, reading is a skill and you can build the skill over time. You can be in the water but not necessarily swimming. You can flail about, splash in it, walk through it or paddle in it but you aren’t really swimming. Our Kinder students have been doing that with their words and sentences since they started; working with words, experimenting with them, learning their sounds and trying to work out their meanings.

Now, they know what they are reading. They are making meaning from the words and sentences on the page and can tell us what they have read; forming their own ideas about the information and wanting to learn more. Well done Kinder. Keep up the good work!

Harmony Cup

Harmony Day, 21 March, celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. It is a day for all Australians to embrace cultural diversity and to share what we have in common. The central message for Harmony Day is that ‘everyone belongs’, reinforcing the importance of inclusiveness to all Australians. Students will undertake some learning about inclusiveness around Harmony Day and some have been selected to play in the Harmony Cup Soccer day next Friday. Good luck to our soccer players.

School Photos

Our school photo day has come and gone. If you missed out on ordering your photos, you can still do so on-line at the Advanced Life website. The address is dubbooffice@advancedlife.com.au
**Attendance**

Did you know?

If your child misses just 1 day of school each week, they are actually missing 20% of their learning opportunities. If that day is a Monday, the disadvantage to your child is increased as they will have missed all of the pre-requisite teaching for the week.

In a year your child only attends school for 42 out of 52 weeks so every minute is important. Studies show that children who attend school regularly are far more likely to achieve better results and to enter into a job or career that they are happy with.

Please make sure you child attends every day to give them the best possible opportunity to learn.

**Super Work!**

Recently, many teachers have been sending students to me to showcase their wonderful work. Congratulations to all of the students who have come to see me to read or show me their Maths or Writing work. You are all doing so well! A special congratulations must go to Kane Walker who is doing some amazing writing work! Well done Kane!
456G
Working hard in class

Nutrition Snippet

The simplest way
to set a healthy example for our kids.

Did you know that in NSW 9 out of 10 parents are not eating the recommended daily amount of veg and half are not eating the recommended daily amount of fruit?

What you eat influences what your children eat; this is especially important with fruit and veg because eating adequate amounts all your life can help protect you and your children against all of these:

- Coronary heart disease
- Some forms of cancer
- Obesity and being overweight
- Constipation
- High blood pressure and cholesterol levels
- Diabetes

By eating more fruit and veg now you’ll be a healthy role model for your kids and help protect their health in the future.

For more information visit
www.eattobeatit.com.au
or join us at facebook.com/eattobeatit

Kinder Butterflies
Working in the reading corner
Harmony Cup

FRIDAY 18 March 2016
4.15 — 8pm

Waratah Sports Club,
Telopea Way
Orange

FREE Multicultural food tasting and BBQ.

Harmony Day Welcome at 5.15pm with Multicultural entertainment for all to enjoy along with a half time Drumming session

Contact Orange City Council:
Anni Gallagher: 0409 458 156
Katrina Hausia: 0403 230 236 or
Jason French: 0417 413 989
(Ofﬁce of Sport and Rec)

Harmony Cup Soccer will celebrate multiculturalism within Orange.

The Cup will be contested by Indigenous and Multicultural Community members

Under 16s kick off 4:30pm and Opens 6:00pm

---

Dyslexia Seminar

EVENT INFO

In Orange
March 30th

Your Speakers

Marianne Mullally, Dyslexia Expert. Author and parent of a dyslexic child has over 10,000 hours of clinical experience working with dyslexic adults and children over the past 11 years.

Tom Mullally, Dyslexia Sufferer now turned entrepreneur in the social media space was at the age of 28 told by his mother that he would never amount to anything.

Event Description:

Free Dyslexia Seminar on Wednesday 30th March at 7pm. Dyslexia is a disorder that involves difficulty in learning to read or interpret words, letters and other symbols. Many people go un-diagnosed and struggle through school and later life. Recent studies show that up to 15% of the population are affected by it.

This Dyslexia Seminar will be 90 minutes of tips, tricks, insight and practical knowledge about what dyslexia is and how you can go about remediation.

Learn How...

You can finally break free from the cycle of reading failure and learn how to help your child read.

You will also learn why it is that dyslexia occurs. Understand what’s happening in the classroom and how to accelerate your child’s reading quicker than you thought possible – all at an affordable price, in the comfort of your own home at a time that works with the family commitments.

You will see that small adjustments can make big changes to your child’s learning and you’ll gain powerful insight on how to support your child to ensure their promising future.

Details:

When: March 30th
Where: Duntryleague Golf Club
Time: 7:00pm - 8:30pm
Cost: FREE
Contact: support@dyslexia.com.au or (02) 9436 3766

HOCKEY NEWS
ITS SIGN UP TIME!!

CONSIDER HOCKEY AS A FUN, AFFORDABLE, SAFE AND ENJOYABLE TEAM SPORT FOR YOUR CHILD. It’s never too late to try something new!

Hockey is a great family sport where every member of the family can get involved. If you and/or your child/children are interested in playing hockey for the first time or will be returning for the 2016 season make sure your register your interest to a local club by the 25th March. Registering by this date is essential so you don’t miss out.

Important details you need to know:

- **Competitions in your town:** Junior Girls/Junior Boys, Men’s and Women’s
- **Starting Dates:** Juniors week of the 27th April, Seniors 2nd -3rd April
- **Venue:** Orange Hockey Complex, Moad St
- **What’s involved:** Register your interest to play by contacting a club at [www.playhockey.org.au](http://www.playhockey.org.au)/Club-Finder or for more info contact a junior club below
- **Cost:** You will be required to register with Hockey NSW which is paid online at [www.hockeynsw.com.au](http://www.hockeynsw.com.au) this covers insurances etc and then your club will notify you of the cost to them which covers things such as weekly turf fees

Hockey isn’t expensive, there is no need to travel to different locations and once you have the equipment it works out to be approx. $6 a week for 11yr old (based on 22 week comp, incl Hockey NSW and club fee)

**Junior Clubs:**
- CANOBOLAS - Tammy Wilson at.wilson@bigpond.com
- CONFEDERATES - Samone Vennard thevennard@hotmail.com
- CITY – Christie Johnson orangecityhockeyclub@hotmail.com
- CYMS - Jannen Toner jannen@rapidorange.com.au
- EX-SERVICES - Gail Kennewell gal kennewell12@gmail.com
- MOLONG - Joe Clayton ardens@skymesh.com.au

---

**FutureTahs Camp**

Our FutureTahs Camps are back in 2016!
Camp includes full day of fun activities and games plus a FutureTahs sports pack (Boot bag, water bottle and hat)

9am-3pm
Orange – 12th April
Dubbo – 14th April

$95

To register please follow the link below.
[https://rugby.force.com/rugbyportal/](https://rugby.force.com/rugbyportal/) Please note: You will pass through the Rugby Learning Centre. Once you are in you will need to search NSW Rugby FutureTahs Camp.

*Camp is open to players from U7s to U13s*